

Women Development Cell & National Digital Library Club

Jointly organises

Healthy Life is a Wealthy Life

30/07/2024

Healthy Life is a Wealthy Life is organized by Women Development Cell and National Digital Library Club held at the Seminar Hall, EEE Department, Sankar Polytechnic College, Tirunelveli on 30/07/2024. Hemoglobin tests were taken for all Women Students and the improving tips were given at the program. The program started with a Tamil Thai greeting song by the students. Prakasa I CE delivered the welcome address. Dr B Vijayalakshmi, Librarian introduced the chief guest. Dr Premasudha V Consultant Obstetrician and Gynaecologist delivered the keynote address. She emphasized on proper balanced diet and enough physical activity are important for health. Yoga, Meditation, cycling or walking are to be followed daily. Mam suggested to avoid junk food, outside food. She touches about mental health also. She highlighted about menstrual cycle, ph, HB levels, stomach belly. She asked students to have some hobbies that will reduce the stress. The questions of the students and staff were clarified by her. Students gave commendable feedback. All the students sang the women's uplifting song "Penne Nee Magathanaval". S Usha Gopika I CE delivered the vote of thanks. The program concluded with the National Anthem. Master of Ceremony is done by S. Aishwarya, III ECE, Students Joint Secretary. With the National Anthem, Programme came to an end.



Report on Women's Day Celebration 2025

Sankar Polytechnic College, Tirunelveli

Date: March 8, 2025

Venue: Saradhambal Auditorium

Organized by: Women Development Cell (WDC) and National Digital Library Club (NDLI)



Event Overview

On March 8, 2025, Sankar Polytechnic College celebrated International Women's Day with great enthusiasm and dignity. The event was a collaborative effort between the Women Development Cell and the National Digital Library Club, focusing on the empowerment, digital literacy, and holistic development of women. The proceedings were gracefully conducted by the Masters of Ceremony, Prakasha and S. Usha Gopika (I CSc).

Inaugural Session

The celebration commenced at 10:00 am with the soul-stirring Tamil Thai Vazhthu, followed by a vibrant Welcome Dance performed by the students, setting a festive and cultural tone for the day. Dr. B. Vijayalakshmi, Librarian of SPC, delivered the Welcome Address, greeting the dignitaries, faculty, and students. This was followed by the Presidential Address by our esteemed Principal, Dr. A. Sankara Subramanian, who spoke on the significance of gender equality and the vital role women play in the technical and academic landscape.

Guest Addresses

The highlight of the morning was the presence of two distinguished guests:

- Smt. Priya Santhanam Krishnan Founder Director, Gnana Niketanam, Tirunelveli: Following a formal honoring and introduction, Smt. Priya delivered an inspiring Guest Address. She shared insights on the "Wisdom of Womanhood" and encouraged students to build strong character and leadership qualities.
- Dr. S. Kala Devi Assistant Registrar, M. S. University, Tirunelveli: As the Chief Guest, Dr. Kala Devi addressed the gathering at 11:30 am. She emphasized the importance of professional growth, administrative excellence, and the legal rights available to women in modern India.

Recognition and Appreciation

To celebrate the achievements of our students, a Prize Distribution ceremony was held at 11:45 am. The Principal and Chief Guests awarded prizes to winners of various competitions held in the preceding week, recognizing their talents in literary and artistic fields.

The formal morning session concluded with a Vote of Thanks proposed by Mrs. M. Vasantha Priya (Lecturer/Civil), who expressed gratitude to the management, guests, and the organizing team for making the event a grand success.

Cultural Festivities

The afternoon session, starting from 2:00 pm, was dedicated to Cultural Events. Students showcased their talents through music, dance, and skits, celebrating the diverse spirit of women. The day's celebrations concluded at 3:25 pm with the National Anthem.